



## TIMPERLEY VILLA YFC – PLAYER & PARENT/GUARDIAN GUIDE FOR A SAFE RETURN TO MATCHES AT BEECH FIELDS

These are our Player and Parent guides for our safe return to football matches at Beech Fields. Please read these and run through them also with your child.

It is essential that everyone is familiar with and follows these guides; anyone not doing so will be asked to leave the venue. The requirements outlined in this guide apply at away games also. In addition you should also follow any requirements particular to that venue e.g. one way systems.

The Club risk assessments and The FA document 'Covid 19 – Guidance on re-starting outdoor competitive grassroots football - For All, 18 July 2020' have been emailed to all parents and are also available on the Club website under 'Our Club / Useful Documents'. You should also have read and be familiar with these.

Please note that only training sessions or matches directly organised by the Club at Beech Fields, St Hugh's, BTH, MHA, Bowden Primary or Trafford College (South) plus matches played at away venues, are currently within the scope of the Club's accident insurance policy. This policy does not provide cover for Covid-19 infections.

# PARENT GUIDE

## General

Please comply with all applicable Covid-19 related guidance issued by the Government and/or Public Health England. Social distancing requirements apply at all times to all parents/spectators, managers/coaches/officials and players, except for players and the referee whilst on the pitch during the game.

## In advance

For a player to be able to take part in matches, a parent must have completed the online Consent Form.

Please talk your child through the Player Guide overleaf and ensure they understand what they need to do. This includes complying with The FA 'Code of Behaviour' (there is a copy of this at the end of this guide).

## Before leaving home

Any player or parent/spectator who is symptomatic, has been advised to isolate, or is living in a household with someone who has possible or confirmed Covid-19 must remain at home.

Players will need:

Clean kit, suitable outer-wear for the weather conditions, a drink (labelled with their name) and a small bottle of hand-sanitiser (labelled with their name), shin-pads.

Please check that you or your child do not have any of the following; if they or you do then neither of you should attend:

High temperature (37.8 degC or above)  
New continuous cough  
Shortness of breath or sore throat  
Loss or change in normal sense of taste or smell  
Feeling unwell

You and your child should wash your hands with soap and water for 20 seconds before setting off. Please ensure your child has used the toilet.

Please ensure your child can tie their own laces or remain on site so you can assist if required. Coaches will not be able to tie laces for players.

Only one parent/relative should attend the match with the player; please do not bring siblings unless completely unavoidable.

## Travelling

Car parking at Beech is limited; please walk where possible. If travelling by car please do not share lifts with members of another household.

Please do not arrive at Beech any more than 30 minutes before kick-off (unless helping with pitch setup) to avoid congestion and cross-over with those that may be departing from an earlier match.

If using the car park, please ensure the immediate area around your car is clear before leaving your car. Please do not park in such a way as to obstruct the barrier onto the field – this must be kept clear for emergency ambulance access.

If parking on the surrounding roads please do so with consideration for our neighbours.

## On arrival

Register your child [if under 16] with your manager/coach. You will be asked to confirm that you have undertaken the checks detailed in the 'Before leaving home' section. In addition your child's temperature may be checked. The Club will maintain a record of players who attended each match, for a period of 21 days, for use by NHS Track & Trace if necessary.

Please remind your child at this point of the 2m social distancing requirements; these apply to players before and after matches, at half-time and whilst a substitute.

If you are assisting with putting equipment out (e.g. goals), please use hand sanitiser immediately afterwards.

## During Matches

Spectators should remain behind the 'respect' barrier at all times. Spectators must be spaced out along the length of the barrier, maintaining social distancing at all times. If retrieving a stray ball please do so with your feet and do not touch with your hands.

A toilet is available in the right hand half of the Junior changing room for use on a '1-in-1-out' basis. Please hand sanitise at the changing room entrance when entering and leaving the building.

## After Matches

Please ensure your child has hand sanitized before leaving the venue.

Unless assisting with putting equipment away, please depart immediately you have collected you child, to avoid congestion and cross-over with those that may be arriving for a later match. If you need to speak to a manager/coach please call/text them afterwards, do not wait to talk to them. If you are assisting with putting equipment away, please use hand sanitiser immediately afterwards.

Any player equipment that may have been in contact with the ball e.g. goal-keeper gloves, should be disinfected as soon as practical after the game.

### Away Matches


The requirements detailed above apply at away games also. In addition you should also follow any requirements particular to that venue e.g. one way systems.

# PLAYER GUIDE

## Before Matches




WEAR A  
CLEAN KIT



BRING YOUR  
OWN (SMALL)  
HAND SANITISER.  
  
PUT YOUR NAME  
ON IT.



BRING YOUR  
OWN DRINK.  
  
PUT YOUR NAME  
ON IT.



WASH YOUR  
HANDS WITH  
SOAP AND  
WATER.  
(20 SECONDS)  
  
BEFORE LEAVING  
FOR TRAINING.

## Arriving at matches



TIE YOUR LACES  
OR ASK YOUR  
PARENT TO HELP.  
  
YOUR COACH  
CANNOT HELP.


3 STEPS



REMAIN 3 STEPS  
APART FROM  
ANYONE ELSE.



APPLY SOME  
HAND SANITISER.




YOUR COACH  
WILL TELL YOU  
WHAT TO DO  
NEXT.

## During matches

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NO SPITTING & NO  
CHEWING GUM -  
PLAYERS WHO  
IGNORE THIS MAY BE  
ASKED TO LEAVE



COVER YOUR  
MOUTH AND  
NOSE WITH A  
TISSUE OR YOUR  
SLEEVE (**NOT  
YOUR HANDS**)  
WHEN YOU  
COUGH OR  
SNEEZE.

During the half-time break and whilst on the touchline as a substitute



After matches



When you get home



## CODE OF BEHAVIOUR

Covid-19 is a highly infectious and dangerous disease. A resumption of contact play is only achievable if those involved create and maintain a controlled environment that minimises the threat of infection.

Risk in sport cannot be completely eradicated but with caution and care these risks can be reduced.

Each player will need to decide when to return to contact football, based on their own circumstances and the arrangements that have been put in place for a safe return. This is particularly the case for players from BAME communities or those with underlying health conditions.

All those returning to competitive grassroots football must adopt the following code of behaviour:

- **Be aware of your own personal health.** If you show any of the Covid-19 symptoms you must stay at home, inform NHS Test and Trace and seek medical advice.
- **Be responsible.** Read the guidance provided by The FA and by your club so that you are aware of the changes to the game and what is expected of you. This will include things like being prepared to wash your own kit, bringing your own labelled water bottle and being aware of changes to meet-up times.
- **Practise good hygiene.** Wash your hands regularly and before, during and after a game.
- **Where possible maintain social distancing.** This won't always be possible in a competitive match environment (for example when tackling an opponent) and that is acceptable. However, before, and after a game you should maintain social distancing.
- **Support NHS Test and Trace.** You're likely to be asked to provide your details so that in the event of a Covid-19 outbreak those potentially infected can be traced. This is to everyone's benefit so please co-

operate.

- **Do not spit.** Spitting and the rinsing out of mouths is now a recognised risk to health and must not be done. Avoid shouting or raising your voice if face to face with other players.
- **After the game.** Be aware that other users may be waiting to use the facilities. Changing rooms and showers are likely to be closed and any socialising must follow the **Government's guidance** on social distancing.